Jefferson County Nutrition Project Council Minutes of Meeting 10/27/20

Call to Order

The meeting was called to order at 2:05 p.m.

Roll Call

Present: Carol O'Neil-Chair, Vice Chair-Barbara Schmitt, Carol Battenberg-Secretary, Patricia Rabay.

Also Present: Sharon Olson, Kimberly Swanson, and Sharon Endl.

Certification of Compliance with Open Meetings Law

Swanson certified compliance.

Approval of the Agenda

A motion to approve the agenda by Rabay, seconded by Schmitt. The motion was approved unanimously.

Approval of the Minutes

A motion to approve the 7/28/2020 minutes by Battenberg, seconded by Rabay. The motion was approved unanimously.

Communications

O'Neil shared that Mike Hansen, Mobility Manager, presented a proposed project at the ADRC of Jefferson County's advisory committee meeting. The proposal is to run a shuttle bus up and down the Highway 26 corridor one day a week for specialized shopping services with a target population to serve adults age 60 or older and those with disabilities.

Public Comment

None.

Discussion and possible action on Shelf Stable Meals

Swanson shared the proposed plan for two shelf stable meals and snacks. The plan is to assemble each day of food in a Ziploc bag, provide the nutritional analysis of each food item, and distribute the food in an ADRC mesh bag in November. O'Neil commented that the plan looked good. Council members said they could assist with assembling the bags and requested five days' notice. Will move forward with the plan based on Council members' positive feedback.

<u>Discussion and possible action on Meeting the Diverse Needs of Participants in the Elderly Nutrition</u> <u>Program</u>

Swanson opened the discussion with a question, "Is the Elderly Nutrition Program meeting the diverse needs of Jefferson County?" Council members noted that some Senior Nutrition Programs in other counties such as Milwaukee and Rock Counties, offer more menu variety. Recommendations are to do a participant survey in 2021 and, based on the survey results, talk with current vendor about offering more menu variety.

Review of Nutrition Education Provided October 1, 2019 through September 30, 2020

Swanson shared examples of Nutrition Education that was posted at Congregate Meal Sites or presented by Sharon Endl, Home Meal Assessor, until March 16 when sites were closed to the public due to the global coronavirus pandemic. Additionally, Home Delivered Meal participants received Nutrition Education in the mail throughout 2020.

<u>Discussion on Possible Future Agenda Items</u> None.

<u>Adjourn</u>
A motion to adjourn the meeting by Battenberg. The motion was approved unanimously and the meeting was adjourned at 3:00 p.m.

Respectfully submitted,

Kimberly Swanson, Senior Nutrition Program Supervisor